WHAT IS CLAIMED IS:

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- 1. A catheter for insertion into a patient's urethra, comprising:
- (a) first and second tubular members having such a diameter for enabling drainage of physiological fluids therethrough, each of said first and second tubular members having a wall of a specific thickness, said first and second tubular members being interconnected by means of a connecting tube of substantially smaller diameter;
- (b) an inflatable balloon attached to said second tubular member, said inflatable balloon being in fluid communication with said connecting tube,

said inflatable balloon for insertion to the patient's urinary bladder, said balloon for locating said second tubular member substantially within the patient's prostatic urethra such that said connecting tube is held by the patient's sphincter.

2. The catheter of claim 1, wherein said connecting tube extends through said walls of said first and second tubular members.

- 3. The catheter of claim 1, wherein said wall of said second tubular member includes a chamber in fluid communication with said connecting tube and said inflatable balloon.
 - 4. The catheter of claim 1, wherein said connecting tube extends beyond said first tubular member so as to enable the connection thereof to an external inflating element.

5. The catheter of claim 1, further including a guiding element, said guiding element including:

- (a) a substantially clongated tubular member having a hollow, said elongated tubular member having a closed end for insertion through the patient's urethra and an open end for connection to an external inflating element;
- (b) an inflatable balloon attached to said elongated tubular member, said inflatable balloon being in fluid communication with said hollow of said tubular member,

said guiding element for insertion through said first and second tubular members so as to inflate said inflatable balloon of said guiding element against said walls, thereby fixing said catheter to said guiding element.

- 7. The catheter of claim 1, wherein said inflatable balloon of said guiding element is substantially elongated.
 - 8. The catheter of claim 1, wherein said inflatable balloon of said guiding element is substantially thin in cross section.
 - 9. a guiding element for inserting a catheter into a patient's urethra, comprising:
 - (a) a substantially elongated tubular member having a hollow, said elongated tubular member having a closed end for insertion through the patient's urethra and an open end for connection to an external inflating element;
 - (b) an inflatable balloon attached to said elongated tubular member, said inflatable balloon being in fluid communication with said hollow/of said tubular member,

said guiding element for insertion through the catheter so as to inflate said inflatable balloon of said guiding element against the catheter, thereby fixing the catheter to said guiding element.

10. The guiding element of claim 9, wherein said inflatable balloon is substantially elongated.

11. The guiding element of claim 9, wherein said inflatable balloon is substantially thin in cross section.